ST. FRANCIS XAVIER SCHOOL		MARCH BREAKFAST MENU		At least 80% of grains served are whole grain rich (WGR). The remaining grains are enriched.
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	Lent 8
Bagel, Sausage, Egg Patty	Pumpkin or Banana Bread	Cinnamon Roll and Gogurt	Mini Pancakes	Long John
Dager, Gausage, Egg rany	Yogurt	Omnamon Non and Gogart	Syrup (Optional)	Long John
	roguit		Syrup (Sphoriar)	
Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup
Apple or Orange or Grape Juice	Apple or Orange or Grape Juice	Apple or Orange or Grape Juice	Apple or Orange or Grape Juice	Apple or Orange or Grape Juice
Milk	Mlik	Milk	Milk	Milk
11	12	13		Lent 15
Breakfast Pizza	Muffin and Yogurt	Powdered Sugar Donut Holes	Mini Cinni	Mini French Toast
	(Banana, Chocolate, Apple Cinnamon)			Syrup (Optional)
	,			
Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup
Apple or Orange or Grape Juice	Apple or Orange or Grape Juice	Apple or Orange or Grape Juice	Apple or Orange or Grape Juice	Apple or Orange or Grape Juice
Milk	Milk	Milk	Milk	Milk
18	19	20	21	
Long John		Dumandin an Danana Duand	Cinnaman Dall and Canum	Mini Danaslasa
Long John	Bagel, Sausage, Egg Patty	Pumpkin or Banana Bread	Cinnamon Roll and Gogurt	Mini Pancakes
Long John	Bagel, Sausage, Egg Patty		Cinnamon Roll and Gogurt	
Long John	Bagel, Sausage, Egg Patty	Yogurt	Cinnamon Roll and Gogurt	Syrup (Optional)
Fruit/Fruit Cup	Bagel, Sausage, Egg Patty Fruit/Fruit Cup		Fruit/Fruit Cup	
		Yogurt	Fruit/Fruit Cup	Syrup (Optional)
Fruit/Fruit Cup	Fruit/Fruit Cup	Yogurt Fruit/Fruit Cup	<u> </u>	Syrup (Optional) Fruit/Fruit Cup Apple or Orange or Grape Juice
Fruit/Fruit Cup Apple or Orange or Grape Juice	Fruit/Fruit Cup Apple or Orange or Grape Juice	Yogurt Fruit/Fruit Cup Apple or Orange or Grape Juice	Fruit/Fruit Cup Apple or Orange or Grape Juice	Syrup (Optional) Fruit/Fruit Cup
Fruit/Fruit Cup Apple or Orange or Grape Juice Milk	Fruit/Fruit Cup Apple or Orange or Grape Juice Milk	Yogurt Fruit/Fruit Cup Apple or Orange or Grape Juice Milk	Fruit/Fruit Cup Apple or Orange or Grape Juice Milk	Syrup (Optional) Fruit/Fruit Cup Apple or Orange or Grape Juice Milk
Fruit/Fruit Cup Apple or Orange or Grape Juice Milk 25	Fruit/Fruit Cup Apple or Orange or Grape Juice Milk 26	Yogurt Fruit/Fruit Cup Apple or Orange or Grape Juice Milk 27	Fruit/Fruit Cup Apple or Orange or Grape Juice Milk 28	Syrup (Optional) Fruit/Fruit Cup Apple or Orange or Grape Juice Milk 29 GOOD FRIDAY
Fruit/Fruit Cup Apple or Orange or Grape Juice Milk 25 Mini Cinni	Fruit/Fruit Cup Apple or Orange or Grape Juice Milk 26 Breakfast Pizza	Yogurt Fruit/Fruit Cup Apple or Orange or Grape Juice Milk 27 Muffin and Yogurt (Banana, Chocolate, Apple Cinnamon)	Fruit/Fruit Cup Apple or Orange or Grape Juice Milk	Syrup (Optional) Fruit/Fruit Cup Apple or Orange or Grape Juice Milk 29
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Cereal Bars/toast OR Cereal/toast are available as an alternate to the main/hot breakfast item every day!

Pop Tarts/toast will be available as an alternate breakfast entree when available too!

Each meal includes a choice of: 1% white milk or skim chocolate milk

Each breakfast meal MUST include a fruit choice - apple juice, orange juice, grape juice and a variety of other fruit options are available daily!

***Each student can take 2 Fruit choices as part of the reimbursable meal. At least ONE fruit must be taken. Only one juice allowed per meal.

This institution is an equal opportunity provider